THE WAY OF MARY
Maryam, Beloved of God
Camille Hamilton Adams Helminski
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THE WAY OF MARY, MARYAM, BELOVED OF GOD is a weaving of strands from ancient sources, traditional stories, poetry, and prayers of Islam, Christianity, and Judaism, and beyond (with full colour illustrations), to reveal, through the illuminated being and twelve life stations of Beloved Mary, the palpable Oneness of all Creation, our Oneness in Spirit. Drawing on passages from the Quran, the Bible, poetry of Mevlana Jalaluddin Rumi and inspirations of other mystics (Jewish, Christian, and Muslim), classical Islamic sources and ancient Biblical texts, oral traditions recorded by hearts across the centuries such as the Protoevangelium of James and the Lives of the Prophets of al-Tha'labi, and Biblical apocrypha such as the Infancy Gospel of Thomas, with awareness of all the elements of nature that rose up in support of Beloved Mary through the stages of her journey, Camille Helminski weaves together a fabric of love to embrace us with healing and new life.

Testimonials

“Revered across the family of Abraham and Sarah, adored as Miriam, Mary, Maryam, Madre Maria, there is no other single figure who so universally serves to lift up the weary heart of the world, blessing us with lovingkindness and infusing us with hope. With her signature blend of sublime wisdom and grounded scholarship, beloved Sufi teacher Camille Helminski offers a penetrating and life-giving transmission of Maryam as guide to the awakening of the soul, during a time when we need her most.”
~ Mirabai Starr, author of God of Love and Wild Mercy

“I have read numerous books on the Holy Mother in Her many guises: Kali, Chochma, Sarada Devi, Shechinah, Avalokiteshvara, and of course Mary, but none was as striking, profound, and potentially heart-transforming as Camille Helminski’s The Way of Mary. This book, steeped in wisdom, is a book to be savored. I cannot recommend it more highly.”
~ Rabbi Rami Shapiro, author of The Divine Feminine in Biblical Wisdom Literature

“This priceless book is a treasure trove of precious insights, heartfelt poetry, sacred verses and meticulous scholarship. These elements exquisitely woven into twelve chapters uniquely and profoundly enrich our mind, purify our heart and exalt our soul.”
~ Imam Jamal Rahman, Interfaith Community Sanctuary

“What beautiful blessedness: the wise and gentle heart of Mary mirrored in the wise and gentle heart of Camille Helminski.”
~ Rev. Dr. Cynthia Bourgeault, author of The Wisdom Jesus and The Meaning of Mary Magdalene

Camille Hamilton Adams Helminski, Co-Director of Threshold Society, has long been dedicated to facilitating direct personal experience of the Divine. She has helped to increase awareness of the integral contribution of women to the spiritual path of Islam with her now classic anthology, Women of Sufism: A Hidden Treasure (Shambhala). Together with Kabir Helminski she has published some of the finest modern English translations of the poetry of Mevlana Jalaluddin Rumi. She is the first woman to render a significant portion of the Qur’an into English with the heart-opening The Light of Dawn: Daily Readings from the Holy Qur’an (Shambhala).